

Recertification for Certified Lymphedema Therapists (CLT)

I would like to share with you the important announcement of two member schools of the North American Lymphedema Education Association ([NALEA](#)) to begin offering recertification for the Certified Lymphedema Therapist (CLT) credential.

One of the currently four NALEA member schools, the Dr. Vodder School, already has a well-established recertification program for their graduates. Now, the Academy of Lymphatic Studies and the Norton School of Lymphatic Therapy will also offer this added measure to insure continued competency in the theory and techniques of lymphedema therapy.

The mission of NALEA and its member schools is to ensure the quality of education and the protection of patients in the field of lymphedema management. NALEA is committed to establishing and maintaining the highest standards in lymphedema education and to uphold and strengthen the skills and knowledge base of trained lymphedema therapists in North America.

The decision by two additional NALEA member schools to implement a recertification program is based upon an important 2012 NALEA survey conducted by the American Lymphedema Framework Project (ALFP). In this survey the vast majority of LANA recognized CLT's supported this advancement.

As the ranks of specialists grow and the field further defines itself by proving superior clinical outcomes in the evidence-based literature, it is ever more important that competency is demonstrated to support continuation of Complete Decongestive Therapy (CDT) as the gold standard method.

As of January 14, 2015 both schools will begin offering the recertification program to CLT's with a valid license.

Recertification by these schools is provided in an online format consisting of several modules or segments; these modules furnish a combination of basic and advanced theoretical information relevant to the CLT profession and hands-on techniques, which are provided in video format. Hands-on video formats offer a review of the basic techniques of Manual Lymph Drainage (MLD), to include combination techniques, as well as a review of treatment sequences for lymphedema, bandaging and garment measuring techniques.

These recertification programs also greatly serve to refresh all theoretical and hands-on skills for lymphedema therapists.

For more information, please visit the recertification website by clicking below



CERTIFIED LYMPHEDEMA THERAPIST
R E C E R T I F I C A T I O N

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