

Resources for Lymphedema

We all know the importance of good and reliable resources on lymphedema and its treatment. Good and comprehensive information on this condition is especially important for those individuals affected by lymphedema.

Some lymphedema sufferers seeking advice and guidance from medical professionals are confronted with the fact that some doctors and health professionals have limited or no knowledge about lymphedema and the correct management of this condition.

As a result, lymphedema may be [misdiagnosed](#) and improperly treated.

A lot has happened in terms of awareness, education and treatment of lymphedema during the last 15 years. Many excellent resources on this condition are available, both in print and online. Thousands of [health care professionals](#) were trained in lymphedema management, and networks and support groups for patients affected with lymphedema are available throughout the country.

Despite this progress, many times it is up to the patient to inform and educate health care professionals about the facts related to lymphedema. Good information from reputable resources can be used for this purpose; an article that appeared last year in the “Cancer Journal for Clinicians”, a peer-reviewed journal of the American Cancer Society (ACA), is one of these examples. The article is labeled

“Lymphedema: A primer on the identification and management of a chronic condition in oncologic treatment”.

This excellent paper provides comprehensive information on

- the [anatomy](#) and physiology of the lymphatic system
- causes of lymphedema
- the different [stages](#) of lymphedema
- how lymphedema is properly [diagnosed](#) (symptoms and signs)
- the proper [treatment](#) and long-term [management](#) of lymphedema
- [precautions](#) for patients suffering from lymphedema

The information contained in this article may be useful for those of you seeking comprehensive information - here is the link:

<http://caonline.amcancersoc.org/cgi/content/full/59/1/8#SEC10>